

PLAN>DO>REVIEW> CARD

INDOOR ROCK CLIMBING



PLAN

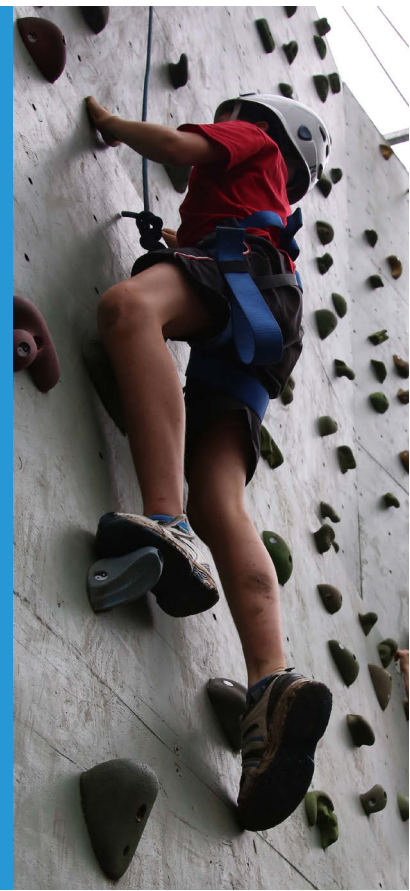
- Has anyone from the group done any climbing before? Tell us!
- Who is going to join in this activity? Who is going to lead it?
- What do we need to know? (Time, place, equipment, cost, safety etc.)
- What new skills do you want to learn?
- How can we make this activity inclusive for everyone?

DO

- Do you have everything you need to run the activity?
- Is everything going to plan? Do we need to change anything?
- How is leading the activity going? Do you need any help from others?
- Is everyone having fun? If not, how can we make it fun?

REVIEW

- Who learnt something new or interesting? What was it?
- What might we need to improve for next time we do this activity?
- How has this activity helped you be a better/different person?
- Where else can we do this activity? How can we make it different?
- Why did we do this activity? Did it cover Challenge Areas or parts of the OAS?





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Members of your section want to do indoor rock climbing at an activity center. Working through the following steps, discuss the *planning, doing and reviewing* for this activity.

Not every question needs to be asked as the content may be discussed as the conversations evolve. These questions don't always have to be discussed in this order, this is simply a guide to help you Plan>Do>Review> your next adventure.

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CUB
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