



Roll a Seven Second Challenge

Roll two dice. Add up the numbers and then complete the appropriate 7 second challenge. If playing with others record the number of successful attempts

		7	Name 5 Super Heroes.
2	Take off one sock.	8	Dance like a ballerina in a ballet performance.
3	Draw a picture of your pet dog or cat.	9	Hop to the door and back while pulling your ears.
4	Touch your nose with your tongue.	10	Repeat "She sells seashells by the seashore." with no mistakes.
5	Pretend you're a snake.	11	Name 5 Disney movies.
6	Spell your name backwards.	12	Crawl 5 metres.

Name	Successful Attempts